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A LOT of men dye their hair when they turn 50 to look younger. Your diarist grew a white beard after walking the Camino with CaminoWays.com but recaptured his youth in Disney World (more later). I don't know what I'll do for my 51st this week but if the indomitable Mrs M is reading, Aer Lingus has a new route to Miami. It already flies to Orlando. Just saying!

