

# Taking off



## ▲ SOME LIKE IT HOT

For those for whom hot yoga is never toasty enough, now you can do it in the Mazagan Beach & Golf Resort in Casablanca, Morocco, with daily sessions by a seasoned yogi in a new heated studio kept at an 34C-40C. The Complete Transformation Retreat includes daily nutrient-rich smoothies and juices based on guests' body type, prescribed by Vicky, twice-daily hot and power-flow yoga classes, specialist mindset and nutritional coaching, including metabolic typing; juicing demonstrations and treatments at Mazagan's Spa. Classes cost from €20 per session; double rooms at the resort cost from €180. [mazaganbeachresort.com](http://mazaganbeachresort.com)





### ▲ THY KINGDOM CAMINO

Did you hear one about the Kerry Camino? Neither did we, but Kerry Camino Walking Festival 2016 takes place on the Dingle peninsula this May bank holiday weekend, April 29–May 2. You'll walk from Tralee to St James Church in Dingle, one of the main harbours used by Irish pilgrims setting sail to northern Spain on their way to Santiago. Festival walkers will be provided with Kerry Camino passports that can be stamped along the way, and get a certificate after completing the walk. Tickets are €50 for the weekend or €20 per day, and €10 for the Sunday barbecue. It includes daily transport back to Tralee daily, the pilgrim passport and an information pack. [caminoways.com](http://caminoways.com)

### NEW DELPHI

Delphi Adventure Centre in Co Galway is where many Irish school children first kayaked, surfed or learnt to abseil. Now it's undergone a massive revamp, and is being rebranded as a four-star hotel with a spa, fine dining and a lodge and cottages. Delphi Resort will retain its "adventure hub" but has shored up its accommodation with Laura Ashley's interior designer Emily Hooks, gourmet menus by Stefan Matz and a high-end spa. The stunning views, meanwhile, remain the same. Doubles (B&B) cost from €108 per night, suites are from €128 per night and cottages are from €400pps for four nights. 095 42208; [delphiresort.com](http://delphiresort.com)

### ► NO KIDS ON THE BLOCK

The phrase "family friendly" strikes fear in the hearts of holidaying singletons and child-free couples. Hence the market for Sensimar, an adults-only holiday concept launching in the summer. It's a rebranding of the Thomson Couple's collection and inspired by research showing that 61% of adults go abroad with friends, siblings or parents and most people are interested in adult-only hotels. One of these is the Sensimar Oceanis Beach & Spa, Psalidi, on the Greek island of Kos. Travel on May 28 and spend seven nights, from €769pps. [falconholidays.ie](http://falconholidays.ie)



### ◀ SUITE SPOT

Paying extra for suite class on a Celebrity Cruises ship comes with a few benefits: you get a private butler, who'll unpack for you, book restaurants, and organise your shore excursions, and you get in-suite sparkling wine, Bulgari bath products and exclusive access to the Luminae restaurant. If you book Celebrity's nine-night Adriatic & Mediterranean fly/cruise, you'll save €650 a head as a suite class passenger. The price, from €3,839 per person, includes two classic drinks packages, return flights from Dublin, transfers and a seven-night cruise departing from Venice after an overnight stay and calling at Dubrovnik, Rome, Florence and Provence before returning to Barcelona for the flight home, as well as meals and entertainment on board and all relevant cruise taxes/fees. The price is based on two people sharing a Sky suite. [celebritycruises.ie](http://celebritycruises.ie)



## BOGOTA HAVE IT

Turkish Airlines is now running flights from Dublin to Bogota, Columbia, from an arrestingly low €399 return including taxes. To avail of the promotional fare, you have to book your flights by May 5, for travel on selected dates between May 3 and July 14, 2016. The airline flies from Dublin three times a week. [turkishairlines.com](http://turkishairlines.com)

## BURNING ISSUE

**Q** Just how late can I leave it to catch the hotel breakfast?

**A** "Breakfast is served between 8am and 10am," the receptionist cheerily announces. This isn't strictly accurate, of course. It's served between 8am and 9.30am, at which point staff begin a rather conspicuous clear-up operation, the subtext of which is painfully apparent: get out and see those tourist sites, you lethargic loafers. You don't mind, though. You're thick-skinned. What's a bit of congealed scrambled egg and some curt service when measured against that all-important lie-in? So, arrive at 9.58am, load up five or six plates with whatever you can find (be prepared to relax your definition of "freshly cooked"), and settle in for the long haul. Those sights aren't going anywhere.

## DO THE MATHS: BARKING MAD?

8%

of those employing a dog-sitter when they go on holiday request daily Skype calls with their pets

Source: dogbuddy.com







