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Headline: Following in the footsteps of St Francis and honour new Pope



## Following in the footsteps of St Francis and honour new Pope

Follow the footsteps of St Francis of Assisi to celebrate the arrival of the new Pope Francis.

The new Pope has taken the name of Francis, in honour of St Francis of Assisi, founder of the Franciscan order and committed to his work with the poor and disadvantaged, as well as his love for nature (he is usually depicted surrounded by birds and animals).

The St Francis Way is a route walked by pilgrims over centuries, following an spiritual route inspired by St Francis of Assisi from Florence to Rome. The last 100kms of the St Francis Way takes walkers through the 'Via Salaria', from Rieti all the way to the Vatican.

CaminoWays.com, the walking and cycling holiday specialists, offer great packages to the St Francis Way from only €629 per person sharing.

Walk the last 100 km from Rieti to Rome, taking refuge in charming country fiotels along the way and enjoy the best Italian cuisine has to offer.

CaminoWays.com guide Cristina is currently walking the second stage of this gorgeous trail, across the lush Italian countryside. She is currently only three days away from Assisi, birth place of St Francis.

Roland Monsegu,
D i r e c t o r,
CaminoWays.com says,
"The St Francis Way is
one of our most popular
routes. People travel
along this route to
experience the world that
St Francis of Assisi was
connected with. It is clear,
why he chose this point
as the scenery along the
route is breath-taking."

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