



## THINKING OF GOING SOLO?

Some of the best holidays you can have are when you simply pack your bags and head off on an adventure solo. There are plenty of explorers out there whose partners either cannot or will not join them, combined with people who simply want to go it alone. This market for singletons is growing, so if you're thinking about having an adventure on your own, feel the fear and do it anyway, as the pros most definitely outweigh the cons!

A good introduction to traveling solo is a group tour with a company like

Contiki. The company says that a massive 65% of their market is solo, female travellers – so there would be plenty of like-minded individuals on the trip. Their eight-day Croatia Island Escape package starts at €865. [www.contiki.com](http://www.contiki.com)

Similarly, the Camino is a great option for the solo trekker, as there's always a friendly face willing to walk with you on The Way, but equally, solitude is never more than a few steps away if that's what you'd prefer. [Caminoways.com](http://Caminoways.com) do packages starting at €560 for the last leg of the Camino Frances.