



# THE IRISH TIMES



## CHECK-IN

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### A MOVEABLE FEAST

For a holiday with a little more bite this year, take a walk on the epicurean side. This September sees the first ever women-only Camino guided tour take a 100km journey through the roads and ruins of Galicia's Rías Baixas region. Daily treks will be duly rewarded with the finest cuisine and wine the region has to offer – think fresh fish, Portuguese dishes and of course plenty of Albariño wine all set against the backdrop of the Atlantic. Mothers, daughters, sisters and best friends unite – this is a girlie getaway worth indulging in. Seven-night tour from €740 per person sharing, September 17th. Email info@[caminoways.com](http://caminoways.com) for details.

#### The Pitts

Forget the Big Apple, Chicago and even health-food mecca Los Angeles; the new US culinary hotspot is Pitts-

burgh, thanks to its unique foodie offering. Pack your bags for the Pennsylvanian city to dine at eateries Morcilla and Whitfield Tavern for ultimate cool-kudos.

#### Going west

Galwegians toast the best of the west at the annual Galway Food Festival this March 24-28. Come hungry as Michelin Star Chef Ross Lewis kicks off the five-day fiesta at the Spanish Arch where delectable tastings, culinary workshops, music and entertainment will be served up in the city. For more see [galwayfoodfestival.com](http://galwayfoodfestival.com).

