



Free Camino de Santiago information evening at Outback Jacks

Outback Jacks in association with **Caminoways.com** are hosting a free Camino de Santiago Information Evening on Wednesday February 8 from 7pm. This Camino event is free but there are limited spaces so make sure you book your place in advance via our eventbrite link -> <http://bit.ly/CaminoOJ17>

Discover what this ancient walking routeway is all about, the routes, the history, the benefits and the gear to use along the way. Outback Jacks knowledgeable staff will be on hand to answer any gear-related questions you may have. There will be a free Camino Gear Guide for all that attend the event. The guide will contain essential information on suitable waterproof breathable footwear, blister free socks, fast drying baselayer pants and moisture wicking tops. This essential advice will provide you with the confidence to choose the correct products to pack your bags with and fabrics to wear for your Camino adventure.

Benefits of the Camino Walking Holiday:

Most of us will experience difficult moments or transitions in our lives: retirement, divorce, bereavement, redundancy, empty nest, career burnout, health scare and seeking a meaningful and fulfilling path.

Today, more and more people are taking time out to reflect on where they find themselves by 'pausing' their life to walk all or part of Spain's 1,200 year old pilgrimage road called the Camino de Santiago. Even better than the reconnection with the great outdoors is the (re)connection with other people, particularly those from different cultural backgrounds.

Looking for something a little different to the Spanish Camino then look no further than Via Francigena Way or the Italian Way. Outback Jacks have an instore Info Event on April 5, you can reserve your FREE place here -> <http://bit.ly/FrancigenaOJ17> or by calling Outback Jacks at 091-761841



CIPD Ireland Western Region Employment Law Update Event kindly sponsored by Ronan, Daly, Jermyn Solicitors, held in the Connaught Hotel Galway. Pictured at the event are Caoimhe Heery; RDJ Solicitors, Goda Faherty; CIPD Ireland Western Region Chairperson, and Harry Wall; RDJ Solicitors