



WALKING FOR CRUMLIN HOSPITAL

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Specialist tour operator caminoways.com has partnered with CMRF Crumlin – the fundraising body of Our Lady’s Children’s Hospital – to host a walking festival in Wicklow on July 25th to mark St James’s Day, the most important day for pilgrims on the Camino de Santiago. Walkers have the choice of a challenging 13km trek, an 8km hike or a gentler walk for families with small children. Outdoor clothing specialists 53 Degrees North and Hi-Tec will be on hand with tips on best trekking practices and gear. Survivalist Ireland will give a crash course on outdoor skills and fitness specialists Raw Condition will get walkers stretching properly before setting off. Food Fiesta is making a giant paella for the occasion and Galician singer Susan Garrido will provide the musical accompaniment. Walks leave the GAA grounds in Laragh at 9.30am and 10.30am. All-inclusive tickets cost €20 for adults or €40 for a family of four. See caminoways.com for bookings and information.