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Information evening on Camino trek for Hospice

MAYO Roscommon Hospice Foundation will host an information evening on Trek 4 Hospice at 5pm on Sunday, February 2, at Knock House Hotel, Ballyhaunis Rd, Knock.

Camino Ways, Tour Operator for Trek 4 Hospice and Lorraine Toner, Hospice coordinator of the Trek project, will provide this talk.

Trek 4 Hospice is a fundraising trip on the Camino De Santiago in northern Spain, from April 25 to May 1 this year.

The meeting will be a chance to meet fellow participants who are signed up for the trek. Attendees will have their questions answered on what to expect, what to pack, how to prepare, and will have a chance also, to alleviate any fears or concerns they may have regarding the trip.

On the night, Lorraine from Hospice will bring the audience through the fundraising element of the trip. At this stage there is just eleven weeks left to wrap up fundraising and get your walking boots on! The €2,200 must be met prior to the trip on April 25.

If you haven't signed up for Trek 4 Hospice, this is the ideal day to do it. A €300 deposit will secure a place and there will be a sign up pack available on the day.

Please feel free to contact Hospice on 094 93 88 666, or email lorraine.toner@hospice.ie for more information.