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53 Degrees North will host two free talks on hiking the famous Camino de Santiago on Wednesday 4 April at 6.45pm in their Blanchardstown store and on Wednesday 18 April at 6.45pm in their Cork store. The talks, which will be given by Roland Monsegu from [Camino Ways \(www.CaminoWays.com\)](http://CaminoWays.com), will introduce the Camino in general, but will also focus on the Original Way across the Cantabrian mountains and one of the most spectacular ways to Santiago. Monsegu has personally led dozens of Camino trips on various ways, including the French Way, Portuguese Way, Northern Way, Via de la Plata and others. His talks are fun and informative and there will be plenty of opportunity for questions. The talk itself lasts around 40 minutes and experienced staff members from 53 Degrees North will take you through the required clothing and equipment for such a trip.

To book your free place, email info@53degreesnorth.ie with 'Camino Clinic Blanchardstown' or 'Camino Clinic Cork' in the subject line. For further details, visit www.53degreesnorth.ie/news-events

